

Wish List

Thank you for choosing the YWCA Lethbridge & District as your charity of choice!

The YWCA relies on the support and generosity of the community in order to continue delivering superior programming. Your donations help to improve outcomes for women, children and youth.



Monetary and in-kind donations are greatly appreciated.

This Wish List outlines those items which are in the highest level of need. The YWCA distributes donations to its programs based on demand and necessity. If you wish for your contribution to be made to a specific program, please indicate this at the time of drop off.

YWCA Lethbridge & District
604 - 8th Street South
Lethbridge, AB T1J 2K1
Tel: (403) 329-0088 Fax: (403) 327-9112
Email: inquiries@ywcalethbridge.org

Personal Care Items

Please note: due to health and safety standards, the YWCA is unable to accept donations of any open or used hygiene items.

- Feminine hygiene supplies (tampons, pads, liners)
- Tooth brushes, toothpaste, dental floss, lip balm
- Deodorant, body spray, body wash and soap
- Shampoo and conditioner
- Body lotion, baby lotion, antibiotic ointment creams
- Personal sized hand sanitizer
- New pillows, pillow cases, bath towels, face cloths, linens and quilts (twin size)
- Socks and slippers (unworn – women, children, youth-male and female)
- Underwear (unworn – women, children, youth-male and female)
- First Aid supplies and kits, digital thermometers
- Disposable diapers (all sizes), baby wipes
- Disposable razors, shaving gel (women, youth-male and female)
- Facial tissue, toilet paper

Food Items

Please note: due to health and safety standards, the YWCA is unable to accept donations of any open or used food items. Healthy, nut-free, non-perishable food donations are appreciated.

- Breakfast cereal, instant oatmeal, breakfast bars
- Canned goods (fruit, vegetables, soup, beans, etc.)
- Dry pasta, tomato sauces (in jars)
- Peanut butter, salad dressing, jams, mayonnaise, etc.
- Rice (instant or regular), instant potatoes
- Individually wrapped snack items (granola bars, dried fruit snacks, pudding cups, cheese & crackers, etc.)
- Individually boxed/bottled juice, herbal teas, coffee
- Grocery store gift cards (any denomination)

Self-Care and Recreation Items

Achieving a healthy balance is essential for maintaining a sense of well-being. The following items have been requested by clients and families accessing YWCA services and programs:

- Unused journals, pens and stationery sets
- Beading supplies, board games, new crossword puzzle, word search and Sudoku books, new water bottles
- Small bedroom fans, alarm clocks, lamps, radios
- Unused bubble bath, bath salts, lotions and spa/manicure/pedicure sets, cosmetics and skin care
- Items reflective of cultural/spiritual sensitivity
- Sports equipment for youth recreational needs
- Bus tickets, gift cards and/or pre-paid activity passes for outings (ie: movies, mini golf, go karting, bowling,

public sporting events, skating, theatre performances, live music, gymnastics, indoor climbing, community classes and events, haircuts, salon and spa treatments.)

Clothing Items

Please note: due to limited storage space, we are only able to accept clothing that is appropriate for the current season and weather. YWCA programs serve women, infants, children and youth of all ages (including young men aged 15-24). We appreciate clothing donations in all size ranges. Please ensure all clothing donated is clean and in good, wearable condition (no rips, tears or stains).

- New socks/underwear, brassieres (new or gently used)
- Pyjamas, bathrobes, nightgowns (new or gently used)
- Hats/toques, gloves/mittens, scarves
- Jackets, blazers, coats, parkas and pullovers
- Raincoats, umbrellas
- Shoes, sandals, boots
- T shirts, sweat shirts, hoodies, cardigans and vests
- Jeans, dress pants, shorts, capri pants
- Skirts and dresses suitable for everyday wear
- Clothing for babies, toddlers and children
- Bathing suits for women and children (new)
- Gym wear including sports bras, yoga pants/sweats/athletic shorts, T-shirts and running shoes in good condition

Household Items

The YWCA is happy to accept donations of new or gently used household items for individuals who are moving, starting over or setting up their first place. Please ensure all household items donated are in good working order and are safe (ie: no exposed wires).

- Forks, spoons, butter knives, bowls, plates, cups
- Can openers, spatulas, flippers, ladles, serving spoons
- Pots, frying pans, baking dishes, cookie sheets
- Small appliances (ie: toasters, toaster ovens, small microwaves, coffee makers, electric kettles)
- Oven mitts, dish towels and dish cloths
- Brooms, dust pans, laundry baskets, hangers
- Measuring cups, measuring spoons, pitchers
- Purses, bags, luggage and backpacks

General Items

- Monetary donations (to the YWCA in general or specific to one of our many programs and services)
 - income tax receipts will be provided
- Gift cards (any location/denomination)
- Pre-paid long distance phone cards, pay and talk cell phone cards and cell phones

- New, unopened items that can be given as gifts to program clients (toys, books, self-care items, necessities for independent living, recreation items)
- Office supplies (glue sticks, post-it notes, etc.)
- Batteries, flashlights, day timers, pocket calendars
- New umbrella-style (folding) strollers

Donation Checklist:

Thank you for choosing to donate to the YWCA!

All of our donations are sorted by volunteers and accessible to those who need them. Since we have limited space to store items, please help us out by double-checking your donation for the following before you drop it off:

- Any food, hygiene or personal care items are new, unused and unopened.
- All clothing items are appropriate for the current season/weather and are free of rips, tears and stains
- Toys and children's items do not depict images of violence (ie: action figures carrying weapons)

FREQUENTLY ASKED QUESTIONS:

Are there any donations that cannot be accepted and/or used by YWCA programs?

Due to limited storage capacity, program needs and health and safety standards, the YWCA is unable to accept donations of the items listed below:

- VHS and cassette tapes, VCRs, cassette tape players
- *CRT (older, cube-style) televisions and computer monitors, out of date electronics
 - *Cost for disposal impacts program delivery budgets
- Used earrings or other body piercing jewellery
- Decorative household items such as ornamental figurines, "knick knacks," and keepsakes
- Anything that is broken, damaged, poses a potential health/safety hazard or is not in proper working order
- Used stuffed animals and plush toys

I have an old crib. Can someone use it?

While the gesture is appreciated, safety standards are constantly changing for baby items. Due to these regulations, the YWCA is unable to accept donations of used cribs, high chairs, play pens, car seats, etc.

What about furniture and appliances?

The YWCA has limited storage capacity. Please contact Diana Sim, Partnerships Manager at (403) 329-0088 to inquire about our current needs in these areas.

What happens to the extra donations?

When the YWCA exceeds our storage capacity for donated items, they are distributed to other local charities.

Who else accepts in-kind donations?

- Canadian Diabetes Clothesline (403) 394-2828
- Native Women's Transition Home (403) 329-6506
- Lethbridge Shelter & Resource Centre (403) 327-1031

- St. Vincent De Paul Society (403) 328-5493
- Salvation Army Thrift Stores (403) 328-2860
- Catholic Charities Clothes Bank (403) 327-5758