



A TURNING POINT FOR WOMEN

Annual Report 2007

The YWCA of Lethbridge and District is an organization committed to women and the enhancement of their lives by providing programs and services which empower them, support equality and promote wellness of mind, body and spirit.”



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Lethbridge, Alberta
329-0088
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Message from

The President and CEO

The YWCA Lethbridge and District – A Turning Point for Women has experienced tremendous growth and success in the last year. But as we look at all the events and work that was completed by the Board, staff and volunteers it has become very clear that our success is directly attributed to the strong connections that have been developed within our community. Our community partners, colleagues, funders, and supporters help to fuel the passion in our work, to facilitate our growth and to meet the needs of our ever changing community.

For nearly 60 years we have served Southern Alberta and played a significant role in the lives of women, children, youth and families. Our services continue to reflect the needs of the community. The staff, Board and volunteers continue to bless the Association with their skills, knowledge and expertise. Serving thousands each year, the YWCA Lethbridge and District is committed to continuous quality improvement, innovation in programming and flexibility in serving the Southern Alberta community. In October 2006 the YWCA Lethbridge and District received the Ethics Award for Not for Profits from the Lethbridge Better Business Bureau – a recognition that is greatly valued.

As a Board and staff, we recognize that there is still much work to be accomplished, and we are here to accept the challenge to create positive change and to empower those in need. Thank you to our supporters, volunteers, donators, funders, staff, Board, partners and colleagues – you champion for change and save lives - we could not do it without you!

In deepest respect,

Darcie James,
President, Board of Directors

Kristine J. Cassie, BA, RSW
Chief Executive Officer

Did you know that this year.....

- 1871 crisis calls
- 670 women and children resided in Harbour House Women’s Emergency Shelter
- 1606 women and children met with Outreach Services
- 25 children participated in Project Child Recovery
- 54 women and 5 children found safe affordable housing through the Women’s Residence
- 668 children participated in the Neighbourhood Play Program
- 43 girls participated in Girls’ Club
- 246 new Health & Wellness participants
- 27 youth were helped through LIFE and YWise Choice SIL programs
- 370 volunteers provided a total of 11,964 hours of service
- 559 people took part in the Week Without Violence activities
- 150 young women participated in the Young Girl/Savvy Woman conference
- 100 women took part in the YWise Women Conference
- 15 women took part in the Chat Room
- 39,726 people visited the website www.ywcalethbridge.org

Programs and Services: TURNING POINTS FOR WOMEN

Child Care: This drop-in day care is the only one of its kind in Lethbridge. Newborns to 12 year olds attend the day care. It is open on weekdays.

Girls' Club / Jr. Girls' Club provides year round programming for young women aged 8 to 17 in a safe, female centered environment.

Harbour House Women's Shelter Harbour House is 24-bed crisis unit for women and children who are in abusive relationships. Families are provided accommodations for a maximum of 21 days, counselling and support 24 hours a day. The shelter also operates a 24-hour crisis line.

Harbour House School in partnership with the Lethbridge School District 51, an in-house certified teacher meets the educational needs of children who reside in the shelter.

Health and Wellness : The YWCA offers a variety of fitness classes, as well as a women's health club, cardiovascular equipment and weight room. All fitness classes are led by YWCA/AFLCA trained and certified volunteer leaders. Personal training services are also available.

Learning Independence for Experience (LIFE) Program: This program has been operational since December 1, 2005. The LIFE program is a six bed unit staffed 24 hours a day and is housed on the north side of Lethbridge. Providing life skills and transitional planning for youth in care.

Neighbourhood Play Program: This is a free, drop-in, non-registration program for children aged 6-12 years. The program is offered at a variety of playgrounds and is sponsored by the City of Lethbridge and the Town of Coalhurst. It is governed by the philosophy of Learning Through Play.

Outreach Services: The Outreach Counsellors do follow-up with families when they leave the shelter. More importantly though, outreach offers assistance to families before they are in crisis. The Outreach Counsellors will inform women and children

about the services in the community, help with emergency plans and provide support when necessary.

Project Child Recovery: This program is made possible through a partnership with the Foresters. It is a support group for children who have witnessed abuse in or out of the home.

Project Respect: A workshop about respect for young people in relationships through education on sexual aggression.

Rape Aggression Defence Workshop (RAD): A trained instructor provides workshops on self defense for women.

Safe Visitation: YWCA Lethbridge and District is one of just five pilot sites in Alberta funded by Alberta Children's Services Ministry. Safe Visitation provides the opportunity for non-custodial parents to have contact with their children in a safe, neutral setting to build healthy relationships. Families will be referred to the program through the Alberta Children's Services Ministry.

The Chat Room: A group for single parent females, funded through the Lethbridge Lifelong Learning Association, it is designed to empower, engage and support. It focuses on personal growth and creating connections to and for women. This program was the recipient of the 2006 YWCA Canada award for innovative programming.

Volunteer Services: Volunteers are vital to the work we do. We offer a wide variety of volunteer opportunities to those who are interested.

Week Without Violence: The Week Without Violence Campaign is a nationwide effort, organized by the YWCA, to unite all Canadians against the violence that exists in our communities. It is held annually the third week of October.

Women of Distinction: This annual Award Dinner recognizes the contributions and accomplishments of women in our area and raises funds for our Young Girl/Savvy Woman Conference.

Women's Residence: Residential services are one of the corner stones of YWCA programming. The main purpose of the residence is to provide safe affordable housing for women and children. The YWCA residence has 38 beds. Single and double rooms are available for women to rent on a nightly, weekly or monthly basis at reasonable rates. A residential services counselor is on-site to assist resident's needs and to offer life skills counselling.

Young Girl/Savvy Woman

Conference: This is an annual conference presented during the YWCA Week With out Violence Campaign. It promotes healthy lifestyles to young women grades 9 to 12 in Southern Alberta.

YWCA Real Story Competition—

She Inspires Me: The YWCA Real Story Competition encourages youth to explore their dreams and goals for the future by writing about women who inspire them. The competition is open to middle and senior high school students throughout southwestern Alberta.

YWisdom Choice is a supported independent living program for youth. This program strives to develop abilities in informed decision-making, individual goal setting, and successful independence within the community. The main goal is to assist youth to be independent when they exit the Child Services system.

YWisdom Women Conference : This one day conference provides women aged 45 and over with information on financial planning, health and family issues. It also looks at career changes, volunteerism opportunities and a host of other opportunities for women as they age. This conference is partially funded by Lethbridge Lifelong Learning.

Management Team

2007—2008

Kristine Cassie.....Chief Executive Officer
Michelle Dyke.....Finance/Administration
David Hutchings.....Youth Services
Paula McDonald.....Health & Wellness
Lena Neufeld.....Buildings/Residence
Nicole Nugent.....Child Care
Kerri Potvin.....Harbour House
Diana Sim.....Partnerships

Board of Directors

2007—2008

Darcie James—President
Jamie Medicine Crane—External Vice President
Janene Moch—Financial Vice President
Barb Pittard—Internal Vice President
Madeline Balla—Director
Janice Boehr—Director
Kalyn Morrison—Director
Coral Semeniuk—Director
Lyndsay Sushelnitski—Director
Angela Talbot—Director
Jo Wiktorski—Director

Statement of Operations and Changes in Fund Balances

**YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF
LETHBRIDGE AND DISTRICT**
STATEMENT OF OPERATIONS AND CHANGES IN FUND BALANCES
For the nine month period ended March 31, 2007
And the year ended June 30, 2006

	Budget (Unaudited)	Operating Fund	Gaming Fund	Capital Fund	2007	2006
Revenue						
Grants	\$ 1,606,228	\$ 1,537,255	\$ -	\$ 4,226	\$ 1,541,481	\$ 1,686,953
Fees for service	217,366	193,488	-	-	193,488	242,589
Membership fees	1,800	1,550	-	-	1,550	3,260
Donations	100,445	62,138	-	-	62,138	50,196
Fundraising	187,935	101,737	18,536	-	120,273	172,980
Interest	13,007	4,311	4,746	14,622	23,679	19,520
Amortization of deferred capital contributions	-	-	-	66,763	66,763	92,143
Other	1,551	2,821	-	-	2,821	14,313
	2,128,332	1,903,300	23,282	85,611	2,012,193	2,281,954
Expenditures						
Salaries and honorariums	1,484,010	1,344,749	-	-	1,344,749	1,446,197
Direct client costs	165,868	140,034	-	-	140,034	123,109
Telephone and utilities	87,509	59,720	-	-	59,720	112,994
Fundraising costs	90,922	42,422	1,142	-	43,564	63,175
Supplies and stationery	41,253	49,656	3,898	-	53,554	56,165
Repairs and maintenance	46,505	38,375	1,644	-	40,019	69,407
Advertising and promotion	26,802	24,615	-	-	24,615	43,527
Information technology	6,375	4,809	-	-	4,809	10,653
Interest on long-term debt	-	-	-	7,781	7,781	12,336
Professional fees	19,053	12,620	-	-	12,620	15,100
Travel and training	45,199	33,839	-	-	33,839	37,347
Grant	31,316	30,206	-	-	30,206	41,735
Insurance	14,500	15,067	-	-	15,067	17,576
Membership and fees	15,436	21,753	-	-	21,753	22,715
Volunteer costs	4,671	4,553	-	-	4,553	3,786
Interest and bank charges	3,926	4,198	105	1,000	5,303	3,592
Small equipment	14,297	19,333	6,492	-	25,825	34,414
Other	5,500	2,016	-	-	2,016	20,285
Amortization	-	-	-	96,812	96,812	130,361
	2,103,142	1,847,965	13,281	105,593	1,966,839	2,264,474
Excess (deficiency) of revenue over expenditures before extraordinary item	25,190	55,335	10,001	(19,982)	45,354	17,480
Extraordinary item	-	-	-	-	-	116,438
Excess (deficiency) of revenue over expenditures	25,190	55,335	10,001	(19,982)	45,354	133,918
Fund balances, beginning of year	393,214	115,148	179,184	98,882	393,214	259,296
Interfund transfers (note 10)	-	(37,227)	(2,401)	39,628	-	-
Fund balances, end of year	\$ 418,404	\$ 133,256	\$ 186,784	\$ 118,528	\$ 438,568	\$ 393,214

**YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF
LETHBRIDGE AND DISTRICT
STATEMENT OF FINANCIAL POSITION
As at March 31, 2007 and June 30, 2006**

	Operating Fund	Gaming Fund	Capital Fund	2007	2006
ASSETS					
Current assets					
Cash (note 3)	\$ 656,232	\$ 180,773	\$ 46,012	\$ 883,017	\$ 655,071
Accounts receivable	22,492	6,011	-	28,503	25,121
Inventory	845	-	-	845	1,379
Prepaid expenses	14,229	-	-	14,229	16,317
	693,798	186,784	46,012	926,594	697,888
Capital assets (note 4)	-	-	1,200,148	1,200,148	1,265,913
	\$ 693,798	\$ 186,784	\$ 1,246,160	\$ 2,126,742	\$ 1,963,801
LIABILITIES AND FUND BALANCES					
Current liabilities					
Accounts payable and accrued liabilities	\$ 177,791	\$ -	\$ -	\$ 177,791	\$ 103,410
Unearned revenue	26,018	-	-	26,018	21,433
Current portion of long-term debt	-	-	18,043	18,043	17,178
	203,809	-	18,043	221,852	142,021
Long-term debt (note 5)	-	-	195,685	195,685	209,423
Restricted deferred contributions (note 6)	356,733	-	-	356,733	238,476
Unamortized deferred capital contributions (note 7)	-	-	913,904	913,904	980,667
	560,542	-	1,127,632	1,688,174	1,570,587
Fund balances					
Internally restricted net assets					
Capital investment reserve	-	-	26,601	26,601	8,494
Estate funds (note 8)	-	-	5,007	5,007	18,339
Operating reserve	18,108	-	-	18,108	-
Externally restricted net assets					
Gaming reserve	-	186,784	-	186,784	179,184
Capital replacement reserve (note 9)	-	-	14,404	14,404	13,404
Investment in capital assets	-	-	72,516	72,516	58,645
Unrestricted net assets	115,148	-	-	115,148	115,148
	133,256	186,784	118,528	438,568	393,214
	\$ 693,798	\$ 186,784	\$ 1,246,160	\$ 2,126,742	\$ 1,963,801

Approved on behalf of the Board:

Director

Dorcie James

Director

J. Buis

The YWCA Lethbridge and District maintains its vibrancy by being active in the issues and causes it represents. The YWCA is involved in the following list of committees.

Memberships:

- Alberta Association of Life Skills Coaches
- Alberta Association of Safety Partnerships
(in process)
- Alberta Association of Services
for Children and Families
- Alberta Association of YWCAs
- Alberta Council of Women Services
- Lethbridge Lifelong Learning
- Public Legal Education Network (PLENA)
- Volunteer Lethbridge
- Managers of Volunteer Resources
- Bingo Association
- Canadian Accreditation Council
for Human Services
- London Road Association
- YWCA Canada
- Health Promotion Association
- High Risk Youth Forum
- Lethbridge College Exercise Services
Advisory Committee
- Lethbridge Healthy Community Steering
Committee
- Lethbridge Lifelong Learning Association
- London Road Association
- Managers of Volunteer Resources
- National Addictions Awareness Council
- CFSA Placement Committee
- Public Legal Education Network (PLENA)
- CFSA Residential Sector
- Resolve
- Sexual Violence Action Committee (SVAC)
- Social Housing In Action

Committees:

- Alberta Association of YWCAs
- Alberta Council of Women Services
- Lethbridge Bingo Association
- Child and Youth Care Advisory Committee
(Lethbridge College)
- Domestic Violence Court
- Community Substance Abuse Response team
(CSART)
- Domestic Violence Action Team (DVAT)
- Family Violence/Elder Abuse Committee
- Front Line Action Group on Family Violence
- Harm Reduction
- Steering Committee
Affordable Housing
Shelter/Resource
Outreach Advisory Committee
- Volunteer Lethbridge
- Youth Conference
- YWCA Canada Committees
Week Without Violence
Power of Being a Girl
Peer Support

All donations of any size are welcome and very much appreciated.

The following is a list of cash donations over \$100.

1023539 ALBERTA LTD	FREIGHTLINER	PASKUSKI, LORRAINE
ALBERTA ASSOC OF RADIATION TECHNOLOGIES	GENERAL MILLS - HW GRANT	PEPPER, GARY
AIRTECH HEATING & AIR CONDITIONING	GIFFEN, SUSAN	PETERSON AND PURVIS LLP
ALBERTA ASSOCIATION OF YWCAS	GIFTWRAPPING	PORKKA, LURA
ALBERTA HUMAN RESOURCE & DEVELOPMENT	GODLONTON, FRANKIE and THE AFGHAN LADIES	POTTS, LESLIE
ALBERTA ROSE LODGE	GOGO, JOHN	PREYDE, JACQUELINE
ANONYMOUS	GOVERNMENT OF ALBERTA	PRINCESS AUTO (STAFF FUNDRAISING)
ASSOCIATED CANADIAN TRAVELLERS	GOVERNMENT OF CANADA	PUSHOR, KEITH & FAMILY
LETHBRIDGE CLUB	GRAY, ED	PYTLARZ, GLENDA
ASSUMPTION PARISH CATHOLIC WOMEN'S LEAGUE	GREEN ACRES FOUNDATION	QUINNEY, CLARKE
ATCO GAS (EPIC)	GREER HOME BUILDERS	RBG CONSTRUCTION
AUSTIN-EVELYN, KATHERINE & AUSTIN, LOTTIE	GREGORASH, FRANK & DEB	READYMADE 4H BEEF CLUB
BALLA, MADELINE AND DOUG	GREGSON, LYNN	REDFERN, GLADYS
BEACHES PUB & GRILL	GREYSTOKE HOMES AND SUPPORT SERVICES	REIVE PLUMBING & HEATING
BEN MOSS	HOLLINGSWORTH, STAN & POLLY	RETELLE, ELLEN
BFI	HOOPFER, WENDY	RICE, ANNE MIEKE
BFL CANADA INC. INTERNATIONAL INSURANCE BROKERS	IMMANUEL LUTHERAN CHURCH	ROCKY MOUNTAIN TURF CLUB
BMO FINANCIAL GROUP - EMPLOYEES FOUNDATION	INGLIS, CAROL	RODYCH, VICTOR & TRILLIA, RACHEL
BRADLEY, CHERYL	INSLEY, MARY	RONNINGEN, HELGA
BROWN, DAVE	JACQUIE'S SALON & SPA	ROYAL BANK
CANADIAN WOMEN'S SHELTERS FOUNDATION	JASIUKIEWICZ, JODEE	RUNNERS SOUL INC.
CARLSON, ALLISON	KASKO, LES & BETTY	RUSSELL, KATHARINE
CASSIE, KRISTINE & DENNIS	KINSMEN CLUB OF LETHBRIDGE	SAFEWAY
CATHOLIC CHARITIES	KPMG CHARTERED ACCOUNTANTS	SOUTHERN ALBERTA JAPANESE UNITED CHURCH
CATHOLIC WOMEN'S LEAGUE CLARESHOLM	KRYSTOFF, ANNE	SOUTHMINSTER UNITED CHURCH
CAW LOCAL 4050	KUBIK, JERRY	ST. AUGUSTINE'S ANGLICAN CHURCH
CHINOOK HEALTH REGION LAB	LADY LUCK	ST. PATRICK'S KNIGHTS OF COLUMBUS
CHR ADMIN AND COMMUNICATION STAFF	LCC LEO CLUB	ST. PATRICK'S SCHOOL
CHRISTENSEN SALMON FUNERAL HOME	LCCSA LPN 2006 CLUB	SUN LIFE FINANCIAL
CITY OF LETHBRIDGE	LETHBRIDGE 5 PIN BOWLER'S ASSOCIATION	SUTHERLAND, SHIRLEY
CLAUS, BL	LETHBRIDGE COMMUNITY COLLEGE	T.R.U. HOLDINGS
CMHC GRANT AUTO DEPOSIT	LETHBRIDGE COMMUNITY FOUNDATION	TELUS COMMUNITY INVESTMENT VOLUNTEER INVOLVEMENT FUND
COSLOVI, DAWNA	LETHBRIDGE LODGE	THE CHEESECAKE CAFÉ
CUMMING, MARY	LETHBRIDGE MENNONITE CHURCH	THE CYPRESS GROUP
CUPE LOCAL 2800	LETHBRIDGE REGIONAL POLICE SERVICE	THE RIVER, 100.7 FM
DANIELS, DAYNA	LIEVAART, CAROL & HANS	THOMPSON, LINDA AND TED
DAVIDSON & WILLIAMS	LOGOS EMBROIDERY	TIMBER TECH TRUSS SYSTEM LTD.
DEBOW, SHIRLEY & GERALD	LOWINGS, JOAN	TONI ZOBELL
DIERZCHALA, KATHY	MADORE, MIKE	TOWN OF COALHURST
DODIC TOONE & MACLEAN	MANN, SHANE	TUFTS, DONNA & ALLEN
DR. HAROLD ELKE	MATHER, JENNIFER	TYMKO, RAYLENE
DUCAN INDUSTRIES	MAXWELL REALTY	U OF L PRESIDENT'S OFFICE
DUNN, DOROTHY & WILLIAM	MCKILLOP COMBINATION	UNITED CHURCH WOMEN - PINCHER CREEK
DUNSFORD, DARYL	MEDICINE TREE	UNITED WAY
ELLE 'A' FASIONS	MEYERS NORRIS PENNY	UNIVERSITY OF LETHBRIDGE - LOCAL 53
ELLISON MILLING COMPANY	MIDDLETON-HOPE, DEBBIE	VAN RAY, COR
ENMAX	MURPHY, PEARL	VAUXHALL MENNONITE BRETHERN CHURCH
EVANS TRUCKING	NELSON, SANDRA	WALKER, RUBY
EXECUSERV INC.	NEUMAN, BERNICE	WALLACE, EDWARD
EYRE, JEAN	NORTH & COMPANY	WARDS RENTALS
FAIRBAIN, SENATOR JOYCE	OISHI, SYLVIA	WIEBE, JOHN
FARAND ENTERPRISES LTD	PALMER, DENISE	WIKTORSKI, JO
FORESTERS	PARK PLACE SHOPPING CENTRE	WILSON, JOHANNA
FRANCIS KOLLA	PARK MEADOWS BAPTIST CHURCH OF LETHBRIDGE	YOUNG, PARKYN AND MCNAB
FRANK J FLAMAN FOUNDATION		

OTHER GRANTS:

Southwest Child and Family Services Authority
Government of Alberta Children Services Ministry
Catholic Charities
City of Lethbridge

City of Lethbridge FCSS
Social Housing in Action
Lethbridge Lifelong Learning Association
Town of Coalhurst
Royal LePage Shelter Foundation
Royal LePage South Country Real Estate

www.ywcalethbridge.org