



A TURNING POINT FOR WOMEN

Annual Report 2007/2008

The YWCA Lethbridge and District is an organization committed to women and the enhancement of their lives by providing programs and services which empower them, support equality and promote wellness of mind, body and spirit.

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(403) 329 - 0088
inquiries@ywcalethbridge.org

Message from The President and CEO

Dear Friends,

The YWCA Lethbridge and District is honoured to reflect on nearly 60 years of service in Southern Alberta. We recognize that any success experienced by the YWCA is done so only with the gracious support of our members, donators, supporters, partners, volunteers and staff. At times, due to the economy of Southern Alberta, staffing has been stretched - but we marvel at the spirit and dedication of a work force that serves to honour the spirit of women, youth and children. Their road has not been easy, and certainly not glamorous, but one that provides the rewards of knowing that they are making a meaningful and positive difference in someone's life. Our volunteers provide enthusiasm and tremendous support in all areas of our programming. The gift of time, skills and talents cannot be over looked. The volunteers are the champions of our work.

As we embark on the development of a new strategic plan, we will be seeking your support - members and community - in helping us to identify and plan for the years ahead. It was the community that built this YWCA, the community that sustains this YWCA and the community that will guide this YWCA into the future. Thank you for your investment in the lives of women, youth and children. You are helping to make a difference in our world !

Kindest Regards,

Kristine J. Cassie, BA, RSW
Chief Executive Officer

Barbara Pittard
President, Board of Directors

Did you know that this year.....

- 1567 crisis calls
- 639 women and children resided in Harbour House Women's Emergency Shelter
- 1549 women and children met with Outreach Services
- 31 children participated in Project Child Recovery
- 73 women and 6 children found safe affordable housing through the Women's Residence
- 618 children participated in the Neighbourhood Play Program
- 471 girls participated in Girls' Club
- 480 children in our child care
- 425 Health & Wellness participants
- 31 youth were helped through LIFE and YWise Choice SIL programs
- 396 volunteers provided a total of 11,449.25 hours of service
- Over 500 people took part in the Week Without Violence activities
- 140 young women participated in the Young Girl/Savvy Woman conference
- 92 women took part in the YWise Women Conference
- 43 women took part in the Chat Room
- 17,470 people visited our website www.ywcalethbridge.org
- 3 families attended Safe Visitation

Programs and Services: TURNING POINTS FOR WOMEN

'As the Page Turns', our new book club.

This is our newest program—engaging women's minds and imaginations and enjoying discussing the impact that books have on our lives. Whether we loved the book or disliked it, we learn something—usually about ourselves.

GirlSpace / Jr. GirlSpace provides year round programming for young women aged 8 to 17 in a safe, female centered environment.

Harbour House School in partnership with the Lethbridge School District 51, an in-house certified teacher meets the educational needs of children who reside in the shelter.

Harbour House Women's Shelter

Harbour House is 24-bed crisis unit for women and children who are in abusive relationships. Families are provided accommodations for a maximum of 21 days, counselling and support 24 hours a day. The shelter also operates a 24-hour crisis line.

Health and Wellness : The YWCA offers a variety of fitness classes, as well as a women's health club, cardiovascular equipment and weight room. All fitness classes are led by YWCA/AFLCA trained and certified volunteer leaders.

Learning Independence for Experience

(LIFE) Program: This program has been operational since December 1, 2005. The LIFE program is a six bed unit staffed 24 hours a day and is housed on the north side of Lethbridge. Providing life skills and transitional planning for youth in care.

Life Enrichment Centre: Local healthcare practioners provide a variety of healthcare services on site for residents. We are addressing health needs on the home front!

Neighbourhood Play Program: This is a free, drop-in, non-registration program for children aged 6 to 12 years. The program is offered at a variety of playgrounds and is sponsored by the City of Lethbridge and the Town of Coalhurst.

Outreach Services: The Outreach Counsellors do follow-up with families when they leave the shelter. More importantly, outreach offers assistance to families before they are in crisis. The Outreach Counsellors inform women and children about the services in the community, help with emergency plans and provide support.

Project Child Recovery: This program is made possible through a partnership with the Foresters. It is a support group for children who have witnessed abuse in or out of the home.

Project Respect: A workshop about respect for young people in relationships through education on sexual aggression.

Rape Aggression Defence Workshop

(RAD): A trained instructor provides workshops on self defense for women.

Safe Visitation: YWCA Lethbridge and District is one of just five pilot sites in Alberta funded by Alberta Children's Services Ministry. In families where domestic violence has been prevalent, Safe Visitation provides the opportunity for non-custodial parents to have contact with their children in a safe, neutral setting to build healthy relationships.

The Chat Room: A group for single parent females, funded through the Lethbridge Lifelong Learning Association, it is designed to empower, engage and support. It focuses on personal growth and creating connections to and for women. This program was the recipient of the 2006 YWCA Canada award for innovative programming.

Volunteer Services: Volunteers are vital to the work we do. We offer a wide variety of volunteer opportunities to those who are interested.

Week Without Violence: The Week Without Violence Campaign is a nationwide effort, organized by the YWCA, to unite all Canadians against the violence that exists in our communities. It is held annually the third week of October.

Women of Distinction: This annual Award Dinner recognizes the contributions and accomplishments of women in our community.

Women's Residence: Residential services are one of the corner stones of YWCA programming. The main purpose of the residence is to provide safe affordable housing for women and children. The YWCA residence has 38 beds. Single and double rooms are available for women to rent on a weekly or monthly basis at reasonable rates. A residential services counselor is on-site to assist resident's needs and to offer life skills counselling.

Young Girl/Savvy Woman / The Power of Being a Girl Conference:

This is an annual conference presented during the YWCA Week Without Violence Campaign. It promotes healthy lifestyles to young women grades 9 to 12 in Southern Alberta.

YWis Choice is a supported independent living program for youth. For over 20 years, this program has helped to develop abilities in informed decision-making, individual goal setting, and successful independence within the community. The main goal is to assist youth to be independent when they exit the care system.

YWis Women Conference : This one day conference provides women aged 45 and over with information on financial planning, health and family issues. It also looks at career changes, volunteerism opportunities and a host of other opportunities for women as they age. This conference is partially funded by Lethbridge Lifelong Learning.

Board of Directors

2008–2009

Barbara Pittard.....President
 Darcie James.....Past President
 Lyndsay Montina.....External V.P.
 Janene MochFinancial V. P.
 Kalyn PeloquinInternal V.P.
 Madeline BallaDirector
 Janice BoehrDirector
 Vanessa Langenegger.....Director
 Chris LowingsDirector
 Roberta Smallbones.....Director
 Coral Wigand.....Director
 Jo WiktorskiDirector

Management Team

2008–2009

Kristine Cassie..... Chief Executive Officer
 Sheldon Solomon Finance/Administration
 Kendra Bishop..... Youth Services
 Amber Kubos..... Health & Wellness
 Lena Neufeld..... Building/Residence
 Kerri Potvin..... Harbour House
 Diana Sim Partnerships



A TURNING POINT
FOR WOMEN

The YWCA - Advancing the interests of
the community so everyone can live with
dignity and respect.

Make a difference; be part of the YWCA!

- ◆ **Volunteer:** Give the gift of time, join the YWCA and find your passion. Go to www.ywcalethbridge.org and click on 'volunteer' or call Diana or Robin at 403 329-0088.
- ◆ **Donate:** Support meaningful grass roots programs and services by giving to the YWCA. Make us your charity of choice—gifts at Christmas or throughout the year. Call 329-0088.
- ◆ **Philosophical Memberships:** Join the team, show your support of the YWCA by purchasing a voting membership. Call Anne at 329-0088 for details.
- ◆ **Health and Fitness:** Get Involved! Give yourself the gift of health by joining our fitness facility. For information call Amber at (403) 329-0088.

New developments at the YWCA.

- ◆ **Youth Council:** opening the doors to youth leadership.
- ◆ **Life Enrichment Centre:** health care on site: addressing health needs on the home front.
- ◆ **'As the Page Turns' book club:** engaging women's minds.

The YWCA Lethbridge and District maintains its vibrancy by being active in the issues and causes it represents. The YWCA is involved in the following list of committees.

Memberships:

- Alberta Association of Life Skills Coaches
- Alberta Association of Safety Partnerships
- Alberta Association of Services for Children and Families
- Alberta Association of YWCAs
- Alberta Council of Women Services
- Lethbridge Lifelong Learning Association
- Public Legal Education Network (PLENA)
- Volunteer Lethbridge
- Managers of Volunteer Resources
- Lethbridge Bingo Association
- Canadian Accreditation Council for Human Services
- London Road Association
- YWCA Canada
- Domestic Violence Court
- Community Substance Abuse Response Team (CSART)
- Domestic Violence Action Team (DVAT)
- Family Violence/Elder Abuse Committee
- Harm Reduction
- Health Promotion Association
- High Risk Youth Forum
- Lethbridge College Exercise Services Advisory Committee
- Lethbridge Healthy Community Steering Committee
- Lethbridge Lifelong Learning Association
- London Road Association
- Managers of Volunteer Resources
- National Addictions Awareness Council
- CFSA Placement Committee
- Poverty Coalition
- Public Legal Education Network (PLENA)
- CFSA Residential Sector
- RESOLVE
- Safe Visitation Provincial Pilot Project
- Sexual Violence Action Committee (SVAC)
- Social Housing In Action Leadership Council Executive Committee Affordable Housing Shelter/Resource Outreach Advisory Committee Communications
- Volunteer Lethbridge
- YWCA Canada Committees
 - Week Without Violence –ad hoc
 - GirlSpace
 - Phase 3 Shelter Research
 - Peer Support
- YWCA Lethbridge and District
 - YWise Women's Conference
 - Golf Tournament Committee
 - International Women's Day Committee
 - Women of Distinction Committee
 - Fund Development Committee
 - Finance and Monitoring Committee
 - Social Fund Committee
 - Health and Safety Committee
 - Week Without Violence

Committees:

Statement of Financial Position

YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF LETHBRIDGE AND DISTRICT
STATEMENT OF FINANCIAL POSITION
 As at March 31, 2008

	Operating Fund	Gaming Fund	Capital Fund	2008	2007
ASSETS					
Current					
Cash (note 3)	\$ 753,111	\$ 219,857	\$ 57,179	\$ 1,030,147	\$ 883,017
Accounts receivable	32,226	1,367	-	33,593	28,505
Funds held in trust (note 4)	23,207	-	-	23,207	-
Inventory	799	-	-	799	845
Prepaid expenses	15,673	-	-	15,673	14,229
	825,016	221,224	57,179	1,103,419	926,596
Capital assets (note 5)	-	-	1,141,726	1,141,726	1,200,147
	\$ 825,016	\$ 221,224	\$ 1,198,905	\$ 2,245,145	\$ 2,126,743
LIABILITIES AND FUND BALANCES					
Current					
Accounts payable and accrued liabilities	\$ 219,417	\$ -	\$ -	\$ 219,417	\$ 177,791
Funds held in trust (note 4)	23,207	-	-	23,207	-
Unearned revenue	38,171	-	-	38,171	26,018
Current portion of long- term debt	-	-	18,444	18,444	18,043
	280,795	-	18,444	299,239	221,852
Long-term debt (note 6)	-	-	177,184	177,184	195,685
Restricted deferred contributions (note 7)	409,817	-	-	409,817	356,733
Unamortized deferred capital contributions (note 8)	-	-	847,804	847,804	913,904
	690,612	-	1,043,432	1,734,044	1,688,174
Fund balances					
Internally restricted net assets					
Capital investment reserve	-	-	36,767	36,767	26,599
Estate funds (note 9)	-	-	5,007	5,007	5,007
Operating reserve	18,109	-	-	18,109	18,109
Externally restricted net assets					
Gaming reserve	-	221,224	-	221,224	186,784
Capital replacement reserve (note 10)	-	-	15,404	15,404	14,404
Investment in capital assets	-	-	98,295	98,295	72,516
Unrestricted net assets	116,295	-	-	116,295	115,150
	134,404	221,224	155,473	511,101	438,569
	\$ 825,016	\$ 221,224	\$ 1,198,905	\$ 2,245,145	\$ 2,126,743

Approved on behalf of the board:

Director *Dorcie James*

Director *Allen Mack*

**YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF LETHBRIDGE AND DISTRICT
STATEMENT OF OPERATIONS AND CHANGES IN FUND BALANCES**

For the year ended March 31, 2008

With comparative figures for the nine month period ended March 31, 2007

	Budget (Unaudited)	Operating Fund	Gaming Fund	Capital Fund	2008 Actual	2007 Actual
Revenues						
Grants	\$ 2,281,909	\$ 2,124,354	\$ -	\$ 5,635	\$ 2,129,989	\$ 1,541,481
Fees for service	292,796	279,815	-	-	279,815	193,488
Fundraising	178,254	103,548	54,271	-	157,819	120,273
Donations	88,637	118,636	-	-	118,636	62,138
Interest	31,311	3,510	6,630	32,337	42,477	23,679
Other	25,100	17,564	-	-	17,564	2,821
Membership fees	2,200	2,335	-	-	2,335	1,550
Amortization of deferred capital	-	-	-	92,403	92,403	66,763
	2,900,207	2,649,762	60,901	130,375	2,841,038	2,012,193
Expenditures						
Salaries and honorariums	2,113,990	1,993,904	-	-	1,993,904	1,344,750
Direct client costs	233,742	196,286	-	-	196,286	140,034
Telephone and utilities	108,881	96,338	654	-	96,992	59,720
Grant	35,439	51,157	-	-	51,157	30,206
Repairs and maintenance	52,250	47,508	1,374	-	48,882	40,019
Supplies and stationary	53,091	47,661	252	-	47,913	53,554
Travel and training	40,349	36,233	9,644	-	45,877	33,839
Fundraising costs	53,336	27,560	3,166	-	30,726	43,564
Membership and fees	26,371	29,701	-	-	29,701	21,753
Advertising and promotion	24,100	25,692	-	-	25,692	24,615
Insurance	19,100	22,789	-	-	22,789	15,067
Small equipment	10,600	11,092	5,619	-	16,711	25,825
Professional fees	25,300	12,892	-	-	12,892	12,620
Information technology	12,000	9,563	-	-	9,563	4,809
Interest on long-term debt	13,432	-	-	8,800	8,800	7,781
Interest and bank charges	15,062	6,132	195	906	7,233	5,303
Volunteer costs	7,019	6,582	-	-	6,582	4,553
Other	5,550	3,814	-	-	3,814	2,016
Amortization	-	-	-	112,992	112,992	96,812
	2,849,612	2,624,904	20,904	122,698	2,768,506	1,966,840
Excess of revenues over expenditures	50,595	24,858	39,997	7,677	72,532	45,353
Fund balances, beginning of year	438,569	133,257	186,784	118,528	438,569	393,216
Interfund transfers (note 11)	-	(23,711)	(5,557)	29,268	-	-
Fund balances, end of year	\$ 489,164	\$ 134,404	\$ 221,224	\$ 155,473	\$ 511,101	\$ 438,569

Statement of Operations and Changes in Fund Balances

All donations of any size are welcome and very much appreciated.

The following is a list of cash donations over \$100.

405890 Alberta Ltd.	Iain McFadzen	Morry Hunt
Alex and Georgan Harper	Jacqueline Preyde	Myra Sorochan
Army, Navy & Air Force Unit 34	Jason Carling	Oldman Watershed Council
ASYMA Systems Ltd.	Jean Eyre	Park Meadows Baptist Church
ATCO Gas (EPIC)	Jeffrey and Monica Cove	Park Place Shopping Centre
Automotive Village Lethbridge	Jo Wiktorski	Pat Tannant
Bankers Commercial Real Estate	Joan Lowings	Pearl Murphy
Barbara Cavers	John and Jeraldine Bolton	Peterson & Purvis LLP
BDO Dunwoody	John Reynar	Peterson and Purvis LLP
BFL Canada	K40 Club of Lethbridge	Pocock & Quan, Barristers and Solicitors
BMO Employee Charitable Fund	Kalyn Morrison	Prairie Source Trading Ltd.
Brenda Wolsey	Karen Gibson	Princess Auto
Brent and Jamie Oleksy	Kathy Pierzchala	RBC Royal Bank
C.A.W. Local 4050	Kawneer Company Canada LTD.	RE/MAX Bridge City Realty
Canada Safeway	Kerber Floors Ltd.	Reich Farms
Canadian Women's Shelter Foundation	Kinette Club of Lethbridge	Reliance Appraisal
Caroline Shimek	Kiwanis Club of Green Acres	Rotary Club of Lethbridge - Sunrise
Castle Home Inspections	Knights of Columbus	Rotary Club of Lethbridge - East
Catholic Charities	St. Patrick's Council No. 10547	Runner's Soul
Catholic Women's League	Knud Petersen	Safeway Canada
Charlynn Harney	Kristine Cassie	Senator Joyce Fairbairn
Christensen Salmon Funeral Home	L.A. Gallery	Shannon Wobschall
Cleo's Lethbridge Centre Merchants	Lady Luck	Shaw Charitable Donation Committee
College Drive Community Church	Laforge	Shirley Sutherland
Darcie James	LCC LEO Club	Sons of Norway
David Drew	LCCSA PLN 2006 Club	St. Andrews Presbyterian Church
David Rossiter	Lealta Building Supplies	St. Augustine's Anglican Church
Davidson & Williams (LLP)	Les and Betty Kasko	St. Patrick's School
Dr. Dayna Daniels	Les Higa	Stan and Polly Hollingsworth
Diana Sim	Leslie Hatfield	Stringham Dennecky, Barristers & Solicitors
Donna and Allen Tufts	Lethbridge Centre Administration	TA Excavating
Donna Tait	Lethbridge Centre Merchants	TanJay - Lethbridge Centre Merchants
Donor Choice Program - United Way	Lethbridge Christian Women's Choir	TD Canada Trust
Dorothy and William Dunn	Lethbridge College	The Breakfast Club
Dory Rossiter	Lethbridge Community Bingo	The Cypress Group
Dr. Wilma Winter	Lethbridge Community Care	Dr. Tracy Edwards
Dustin Ross	Lethbridge Community Foundation	United Way
Eugene Sullivan Building Ltd.	Local 99 Canadian Auto Workers	University of Lethbridge - Local 53
Foresters Windy West Branch	Lori Johnson	Van Raay Farms
Foster & Sons Jewellers Ltd.	Lorraine Paskuski	Vauxhall Mennonite Brethren Church
Fran Leggett CFUW Lethbridge	Lottie Austin	WalMart
Frank J. Flaman Foundation	M.H. Learning Opportunities	Wards Rentals
Galt School of Nursing	Madeline and Doug Balla	Wayne Dube
Gas King	Margriet Greidanus	Weibe Sausage Works
GOLF - Lethbridge Centre Merchants	Mary Cumming	Western CA Services Association
Gordon and Sylvia Campbell	Mary Insley	Woodman White & Associates
Greer Home Builders	Media and Communications	World Financial Group
HBC Foundation	Workers of Alberta	Young Parkyn McNab
Holly Lemieux	Mel Collier	

OTHER GRANTS:

Alberta Association of YWCAs

Catholic Charities

Chinook Health - Alberta Health Services

City of Lethbridge

Canadian Women's Foundation

City of Lethbridge FCSS

Government of Alberta Children & Youth Services Ministry

Social Housing in Action

Southwest Child and Family Services Authority

Lethbridge Lifelong Learning Association

Town of Coalhurst

Royal LePage Shelter Foundation

Royal LePage South Country Real Estate

www.ywcalethbridge.org