



YWCA
LETHBRIDGE
& DISTRICT

A TURNING POINT
FOR WOMEN

YWISE Words Newsletter

Spring 2009

YWCA Canada meets in Lethbridge!

The Annual Membership Meeting of YWCA Canada is being hosted by our own YWCA Lethbridge and District. This is the first time for us to host the 'AMM'. CEOs, Executive Directors, Presidents, Board members and volunteers from all over Canada will gather the first week of June to conduct the annual business meeting. Preparations are well under way and we are very excited about this important event.

There are a few openings for volunteers to help during the AMM week. Contact Diana at 403 329-0088 if you are interested.



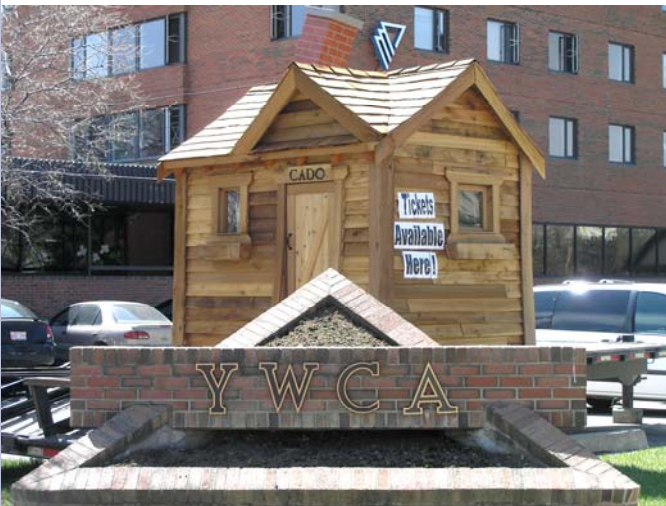
Paulette Senior,
CEO, YWCA Canada

Newsletter Spring 2009

PURCHASE YOUR TICKETS AT THE YWCA!

Draw date: April 30, 2009

All proceeds to YWCA Lethbridge and District



**View Playhouse at
YWCA Lethbridge and District
604—8 Street South, Lethbridge**

This 9' by 7' cedar playhouse
was created by
CADO Developments Inc.

Special thanks to Aaron Olfert.
He and his staff had fun
building the playhouse.

Playhouse Raffle (License 278466 – 2000 tickets printed)

Upcoming Events

Thursday, May 28, 2009.....“As the Page Turns” Book Club

The Glass Castle by Jeannette Walls is the May book. We will also decide on the books and schedule for the upcoming months at the May meeting. We are an open book club; new members are always welcome. Check out and participate in our blog on the YWCA website, www.ywcalethbridge.org. Comments and suggestions are welcome!



Saturday, June 13 2009.....YWisE Women Conference

Our 5 (?) Annual YWisE Women conference for women 45 years and older. Call the YWCA Lethbridge and District to register. 403 329-0088



Wednesday, June 17, 2009.....Annual General Meeting of YWCA Lethbridge

4:30 p.m. at YWCA Lethbridge and District (604—8 Street South, Lethbridge)



Neighbourhood Play Program.....July and August

various locations throughout Lethbridge and area. Free program for children ages 6—12. Call Amber or Cheryl at 403 329-0088 for more information.

Thursday, July 23, 2009.....4th Annual Turning Point Golf Tournament

At the Picture Butte Golf Club. Includes 18 holes of golf and cart. Registration at noon, shotgun start at 1 p.m. Dinner and Prizes. See our website (www.ywcalethbridge.org) or call 329-0088 for complete details.



Our first ever Co-ed Charity Volleyball Tournament was a great success. 11 teams played on March 27 & 28 – raising over \$6000.00 !

Thank you to our wonderful sponsors: Lethbridge Dodge Chrysler Jeep, Global Lethbridge, the Lethbridge Herald and the Lethbridge College Kodiaks.

Thank you to all the teams and special thanks to Sarah and Kelli for organizing the event.



HELP WANTED - NEIGHBOURHOOD PLAY PROGRAM



ARE YOU LOOKING OR DO YOU KNOW ANYONE WHO IS LOOKING FOR SUMMER WORK?

We are now taking applications for the Neighbourhood Play Program, a no- cost, non registration, drop-in program designed to enhance the play-ground experience. Games, crafts, sports, drama, theme days and storytel-ling are just a few of the activities that will help children learn about life and have a fun summer.

**BRING YOUR RESUME TO THE YWCA LETHBRIDGE & DISTRICT,
604 - 8 STREET SOUTH, LETHBRIDGE.
FOR MORE INFORMATION
CONTACT AMBER OR CHERYL
AT 403-329-0088**



**starts on Saturday May 9 at 9:30 a.m. at the
YWCA. Register at the front desk at the YWCA.**

As a branch of YWCA GirlSpace programming, “Girls with Tools” will introduce young women to concepts such as basic carpentry, auto care, sewing and other practical skills. Led by GirlSpace facilitators and partnering with skilled mentors in the community, this innovative pro-gram will expose girls to non-traditional career roles at an early age and will promote women’s in- volvement in the trades. Contact Kristin at (403) 329-0088 if you have questions.

If you are skilled with tools in a specific area, enjoy working with young people and would like to volunteer your talents for “Girls with Tools”, please contact Diana at the YWCA (403) 329-0088.

New YWCA Lethbridge and District jewellery line.

Shauna Hayward of Mad Fish Glass Beads has partnered with the YWCA to create a YWCA Jewellery Line. She has just created a bead in honour of the YWCA 60th anniversary. Each bead is uniquely made by hand. The beads are available in a variety of colours, with the YWCA triangles etched onto each bead.



Other items in the jewelry line include: bracelets, earrings, and additional necklaces. The jewelry will be available at the YWCA and on the YWCA website at www.ywcalethbridge.org

Mad Fish Glass Beads was born when Shauna first saw beads being created. It was love at first sight. “The very thought of working with molten glass and manipulating it to the shape I desired was enough to reel me in”. Each bead is built one at a time and is a unique piece of handmade art. The process is called Lampworking. Beads are formed by heating glass and an oxygen/propane torch. Once the tip of the rod is heated, it is wound onto a steel rod. There the glass is formed, layered and decorated. Then each bead is fired in a kiln, giving it lasting strength.

Welcome to the YWCA family, Shauna!

Women of Distinction 2009

March 27, 2009 was our 33rd year of honouring Women of Distinction in our community. Many thanks to all who participated and supported us for this gala event. Cathy Martin of 107.7 The River (Lethbridge) and Barb Higgins of CTV (Calgary) donated their time and energy. Local people and businesses donated over 100 great prizes for the event.

The YWCA Women of Distinction 2009 are:



Kaella Carr, Young Woman of Distinction. Although just 25 years old, Kaella has a significant list of achievements. She has been a reporter and backup anchor at CTV, Lethbridge for almost four years, making her one of the youngest reporters ever hired by CTV. Her journalism career began at age 16, as host and field reporter for a youth program called “Backstreet”. The show featured interviews ranging from discovering how gelato is made, to exploring one man’s fight against bullying and suicide. Kaella believes that the media and broadcasters have an obligation to give back to the community.



Cathy Martin



Barb Higgins



Lisa Lambert, Woman of Distinction. Equal rights for women is the core of Lisa Lambert’s life work; academic, employment and volunteer. As an activist, leader and commentator on issues related to women’s equality, Lisa combines graduate work, first at the University of Lethbridge and now at the University of Calgary with public speaking and writing, providing a feminist voice and analysis of public policy in Alberta. Lisa started working with Womanspace Lethbridge in 1997 and has been advocating for women’s equality in the areas of civic engagement and politics ever since. Lisa co-founded the Equal Voice – Alberta South chapter of the Equal Voice national organization, dedicated to ensuring more women in elected office. She recently received Equal Voice’s Champion Award. While pursuing her Ph.D., she won the prestigious Person’s Case scholarship due to her outstanding work on women’s issues in Alberta.



Bridget A. Pastoor, Woman of Distinction. Bridget is currently the MLA for Lethbridge East Constituency and the first woman to be elected as an MLA for Lethbridge. She was a City of Lethbridge Alderman for two terms and an outspoken voice for the enrichment of Lethbridge. Her community involvement has also included: Member of the University of Lethbridge Senate and Member of the Pension Appeals Board. Bridget became a community organizer and advocate while pursuing her nursing career. Over the years, she has volunteered her time, energy and experience to support the activities of many organizations including the YWCA Lethbridge and District, the Heart and Stroke Foundation, the Cancer Society, the Salvation Army, Big Sisters and Big Brothers, and the Boys and Girls Club. In 1993, she was awarded the Government of Canada Commemorative Gold Medal for community service.



Renae Peterson, Woman of Distinction. Renae cares for her community on two different yet parallel levels. Her career (R.N. providing home care for the elderly) and her passion (mentoring young people) both serve our community by promoting wellness of mind, body and spirit. Renae’s program, “Beauty from the Inside Out”, is designed to empower young women to take responsibility for their own self-development. It’s a ten week course for 12-18 years old young women where they explore the science of modelling, the art of communication, and the influence of the media on girls’ self esteem. The program provides girls with tools that help them live up to their potential and encourages the participants to validate and support each other in their journey to become healthy human beings, physically, emotionally and spiritually.



Val Pinnock, Woman of Distinction. Val is a Certified Management Accountant and the Regional Agriculture Leader at Meyers Norris Penny and the first woman CMA in Lethbridge to become a partner in a Chartered Accountancy firm. She is a community leader and mentor for other women in the business community, although in her role of business advisor, her clientele consists only of Hutterite Colonies. Val received her Bachelor of Management degree from the University of Lethbridge and went on to earn her Certified Management Accountant (CMA) designation in 1992. In her career, Val is a CMA, a partner, and the Regional Agriculture Leader for Southern Alberta at Meyers Norris Penny. With over 15 years of experience in public practice, Val takes great pride in providing excellent client service through business planning sessions, assisting with daily issues and concerns and providing customized business solutions to help her clients achieve their goals.

Thank you Kelly, Marquise, Bev and Natalie! World YWCA / World Council Honour Wall

Donations were made from YWCA Lethbridge and District to add four local volunteers to the World YWCA Honour Wall. These ladies have volunteered their time and talents at the YWCA Lethbridge and District for a total of 103 years!



Kelly Areshenko:
Health & Wellness instructor
since 1983



Marquise Bourdon-Harris:
Volunteer since 1979.



Beverley Hranac:
volunteer since 1983



Natalie Primeau:
volunteer since 1988.

The YWCA Lethbridge and District has been nominated for the Better Business Bureau Award in Ethics. We are honoured to be nominated for this award a second time.
Thank you to this wonderful community.



**TODAY,
THIS CHILD LOST
MORE THAN JUST
PERSONAL
BELONGINGS.**

TRUST. SAFETY. CHILDHOOD. LIFE.

The YWCA Lethbridge and District works to address three main pillars of needs in our community:

**Homelessness and Health issues
Poverty and
Violence**



We provide essential services to women, children and youth; giving accommodation, counselling, life skills and a sense of belonging to thousands each and every year.

- ◆ By being a supporter of the YWCA, you are helping those in critical need.
- ◆ All funds raised support the programs and services offered at the YWCA.
- ◆ Thank you for your kindness and generosity.

